

Jan's dedication to the health and wellness of companion animals led her to a career in canine massage therapy. She has been providing massage and Reiki through her practice, Smart Touch Canine Massage & Reiki, since 2007. In addition, Jan conducts workshops on canine massage for pet parents and has given presentations to a variety of canine groups.

Jan Smart is a Certified Canine Massage Therapist and Usui Reiki Master Practitioner. Her training and expertise include Essential Oils for Animals, Small Animal Acupressure, Healing Touch for Animals, Tellington Touch, and Cat and Dog First Aid and CPR. Additional areas of study are canine nutrition, senior care, canine sports massage, behavior and training.

Jan provides canine massage services through her practice, Smart Touch Canine, and at the offices of Dr. Elizabeth Cutright, Healthier Pets Naturally.

Working for HPN provides the opportunity to work with animals, utilize her skills, and learn more about animal wellness.

Services offered at HPN include canine massage, Reiki, and nutrition coaching.

Jan enjoys outdoor activities such as landscaping with native plants, raising Monarch butterflies, sailing, kayaking, biking, and walking her three energetic coonhounds.

Jan has been actively involved in greyhound rescue and adoption since 1997 with an emphasis on fostering shy and fearful dogs, providing behavior and training support to new adopters, and organizing educational seminars for greyhound families.

She enjoys outdoor activities such as landscaping with native plants, sailing, kayaking, hiking, and walking her three greyhounds. A perfect evening might include listening to her husband's bluegrass band, reading, or cuddling with the greyhounds and seven-pound tabby cat that runs the house.

I love my job! It's such a privilege to work with dogs of all ages and needs to help assist their body, mind, and spirit on a journey of healing. After working with hundreds of dogs, I'm always amazed at the possibilities that massage and Reiki can open up; from transforming pain, to increasing function, to decreasing stress, to even aiding in their rescue process!

Jan Smart

Certified Canine Myotherapist & Reiki Master

For further information or to schedule an appointment, please call 630-247-3378 or email Jan@SmartTouchCanine.com

Smart Touch Canine Massage & Reiki

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